

Activity: Backpacking

Object- Backpack

Bible verse- John 6:68 "Simon Peter answered him, 'Lord to whom shall we go? You have the words of eternal life.'"

Lesson- Jesus' words are all we need while living in this sinful world.

Introduction Ideas:

You could show how many supplies are necessary for backpacking by showing them a full backpack, and how the different supplies are useful.

You could explain that while backpacking, anything could go wrong, and you need to pack items into your backpack that could come in handy if those situations would occur. ie. you might run out of water so you pack iodine tablets.

You could have two backpacks ready, one full of all the necessary backpacking supplies, and one that has nothing in it.

Lesson Suggestions:

If the first idea is selected, first read John 6:68, then you could illustrate how the Bible is full of "supplies," and that unlike a backpacking trip, where many different supplies are needed, in life all we need is God's word.

If the second idea is selected, first read John 6:68, then you could show how just like on a backpacking trip that when things go wrong, we might find relief in the items we packed, so also things might go wrong in our lives or not happen as expected, but we can find answers to our problems in the Bible.

If the third idea is selected, first read John 6:68, then you could show how the person who packed a full backpack is better prepared for the trip than the person who packed nothing. In the same way, the person who has God's word is more prepared for life than the person who does not have God's word.

Possible Questions for Interactive Lesson:

How is the Bible the only "supply" we need for our lives?

- The Bible is God's word. It contains all we need for salvation. We cannot find salvation elsewhere.

How does God's word prepare us for our lives?

- The Bible shows us our savior. In addition, there are many examples of the Bible showing us how to lead lives that please God. The Bible is also the ultimate comfort giver in times of distress.

How is God's word a more useful tool than others we might use in our lives?

- We will use many helpful tools in our lives, however, these tools do not help us on the road to salvation. Jesus is the only thing that will get us to Heaven.

Closing Prayer:

Jesus, you gave us your word to use as a tool in our lives. Help us to use your word to find comfort during the bad parts of our lives and to guide us for the remainder of our time here on earth. Amen.