

Swimming - Level 3 Test

Name: _____

1 – Swim 200 yards/meters using the Freestyle Stroke

2 – Swim 50 yards/meters using the Breast Stroke

3 – Swim 100 yards/meters using the Backstroke

4 - Swim 50 yards/meters using the Butterfly Stroke

5 – Tread water for 30 minutes

A parent or guardian listed below verifies that the Pioneer has successfully completed the above .

Name _____

Signature _____ Date ____/____/____

Below is for Pioneer Leader Use Only

Pass ____ Fail ____