

First Aid Level 3 - Lesson Plan

Key Points to Cover:

1 – Puncture wounds

2 – Snakebites

3 – Sprains

4 – Sunstroke

5 – Frostbite

6 – Ticks

7 – Emergency First Aid

A – Breathing

B – Bleeding

C – Shock

Supplies Suggested:

Matches

Activities to Reinforce Lesson:

Devotion: