

Cooking in the Home Level 3 - Lesson Plan

Key Points to Cover:

1. Plan the meals for a week, including the weekend
2. Make daily menus
3. Prepare all meals for this week
4. Purchase all items needed from the grocery store
5. Prepare the meals
 - a. Preparation must include the usage of the stove and oven each day
 - b. All foods must be prepared from scratch
 - c. Meals must be balanced and appropriate for the time of day served

Supplies Suggested:

Activities to Reinforce Lesson:

Involve the boys in cooking at campouts and events.

Devotion: