

## **Backpacking Level 2 - Lesson Plan**

Key Points to Cover:

- 1 – The Central Value – Pack Light
- 2 – Sleeping Bag
- 3 – Pack
- 4 – Shelter
- 5 – Basics – in more detail
- 6 – Clothing – in more detail
- 7 – Food – in more detail
- 8 – Walking Sticks

Supplies Suggested:

Bring examples of these items and explain what are the key characteristics of each are.

Activities to Reinforce Lesson:

Devotion: